

# Encarnita Ortega Encarnita Ortega Encarnita Ortega

## A disarming peace

On the afternoon of his election, Pope Leo XIV said: “This is the peace of the risen Christ. A peace that is unarmed and disarming, humble and persevering.”

It is the peace that every Christian can offer through their lifestyle. This was the case with Encarnita. Felisa recounted it beautifully in 2004, as she recalled her memories.

“My name is Felisa Dávila. I currently live at the *El Encinar del Rey* care home in Valladolid. As I am getting older, I am increasingly aware of the need to sow peace and joy, as St Josemaría used to say, whose teachings Encarnita Ortega lived out with great fidelity.

She taught me to live the virtue of joy. Often, when I went to the centre where Encarnita lived, she would open the door for me. She always welcomed me with a smile and a kind greeting.

Because of my nature, I find it hard to see things in a positive and joyful light. Encarnita encouraged me and, through her attitude, helped me to change mine.

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As she was already very ill, I realised that this was not simply a natural joy, but one rooted in her divine filiation and her life of faith. As a result, she managed to wear a beaming smile that said it all. It was an eloquent smile.

I didn't spend much time with her, yet I was drawn to her for her thoughtfulness in simple things, for the way she welcomed people, and for the care she took in her personal appearance. She helped me to see life in a different light and to realise the importance of presenting oneself with a kind attitude towards others.”

Encarnita's smile completely disarmed her and contributed to a small inner conversion, as she saw the simplicity with which Encarnita welcomed her into her home.

# Favours

## Recovery

My nephew suffered a sudden fainting spell that required resuscitation. After the ambulance arrived and five attempts at defibrillation, he began to recover. He was cyanotic for about 40 minutes and was transferred to the ICU.

The cardiologist told the family: "Yesterday we didn't have a patient (assuming he was terminally ill), but today we do." After a few days in intensive care, he was discharged following the implantation of a new defibrillator.

Our large family began to pray. That very day I asked Encarnita for her intercession and, given his rapid and almost complete recovery with no lasting effects, I give her thanks.

AZ (Spain, 2025)

## A better job

I want to thank Encarnita for the favour she has done for me. I asked her to help me resolve a series of problems I was facing in my previous job and, if possible, to guide me in the process of finding a new and better position.

Surprisingly, she has helped me overcome the problems at my previous job and secure a much better position, one I hadn't even imagined.

MMA (Spain, 2025)

# Prayer

Lord, you showed your daughter Encarnita how attractive it is to seek holiness in the middle of the world and gave her the grace to follow faithfully that quest in Opus Dei. Grant that, like her, I may discover your Love afresh every day and communicate it to those around me. Deign to glorify your daughter Encarnita and, through her intercession, grant me the favour I ask of you... (*here make your petition*).  
Amen.

Our Father, Hail Mary, Glory be to the Father.

In conformity with the decree of Pope Urban VIII, we declare that there is no intention of anticipating in any way the judgement of the Church, and that this prayer is not intended for public use.



## News of the Cause

The Cause is now in its Roman phase.

Those who obtain favours through the intercession of Encarnita Ortega are asked to notify the Prelature of Opus Dei, 4 Orme Court, London W2 4RL; e-mail: [ocs.uk@opusdei.org](mailto:ocs.uk@opusdei.org) | [www.encarnitaortega.org](http://www.encarnitaortega.org)

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